

The HiddenMind – The Gate of Our Subconsciousness.

The subconsciousness conceals things that affect our life. The method called HiddenMind was created in order to reach the subconscious mind, to locate any disturbances such as malicious memories and to restore the balance between mind, body and emotions..

The therapist, Malgorzata Luka-Kowalczyk, was interviewed by Dorota Sikorska about the power of human mind.

The HiddenMind means in English concealed mind. This is also a name of a method that you work with and teach. Is there any coincidence?

There is no coincidence. The HiddenMind refers to the principles of the correction method: all information regarding ourselves, our health, abilities, and life experience is stored or simply “hidden” in our body. It is essential to locate it. I am able to do it during the therapy. I can elicit the exact information stored in the subconscious mind of a person and find out why the body started to deviate, what was the cause of such disruption and when the body's malfunctioning system developed (the presence of “virus” could result in body disorder).

What factors could negatively influence on us causing problems, such as lack of health ?

There are many factors. Genetic disorders in particular families, pass through generations via the system of blood vessels, “viruses”, incorrect way of thinking, understanding and functioning, traumas and disorders that a person either experienced after birth or during the prenatal development.

These are few things that have profound influence on us. In fact, we are quite fragile creatures. Cameron Dawson and Tom Griffin, who are the creators of the HiddenMind method, discovered that thinking about us by others have a profound influence on our pre-specified functioning. This can be noticed especially in children who have high plasticity and they can be influenced by the vibrations of others. Therefore during the therapy, I often examine if the school teacher's opinion has any negative influence on the child's state. Unfortunately, often it turns to be such case.

What about disorders such as ADD/ADHD or dyslexia?

Disorders such as ADD/ADHD, dyspraxia, Asperger syndrome, or autism spectrum already take place in prenatal development. In fact many disorders start at this point. The important moments in human development, in which some problems can occur, start from the conception to skull bones' fusion that takes place when the baby is approximately 12 months old. For example, it is extremely crucial for a child to be loved and wanted by both parents. If this is not a case, the child's subconscious mind receive information about rejection and absence of love. This can cause some disruptions in child's “electrical installation” - child's

meridians (system of definite channels) or to consolidate genetic disorders. When the child's subconscious mind “find out” that he/she inherited negative attribute from parents, such as, wrong emotion, false thinking, abnormal belief system, phobias, etc. in order to protect the child from further damages, the body system turns off meridians (partially or totally). This, in turn, activate the electrical shock (nerve impulses) that influence not only the development of skull bones and the skeletal system, but also the internal organs - it depends which meridian was turned off.

Such disorders affect not just the physical body by disrupting its function but also the emotional, mental and spiritual aspects – a person could experience inability to feel pleasure, lack of trust in a relationships or lack of sense of fulfillment and contentment.

What is the process of healing in the HiddenMind method?

The primary aim of the HiddenMind method is to locate any disturbances, to establish possible cause and when the problems occurred. If there is genetic disorder it is important to find out possible causes that can originate either from father's or mother 's ancestors (this include evaluation of several generations). Then, the therapist use the sound protocol involving the use of special sound frequencies or harmonics to convey the important information from the subconscious mind. The sound frequencies are played individually and they are used to correct and restore person's homeostasis and balance.

Is this enough to recover and enjoy life again?

Sometimes it is enough, but often the therapy is needed to be repeated two or three times. If disorders are more serious, you need more sessions. During the initial therapy I always scan the energetic structure of the body to determine possible blockages and correct the flow of energy in the body. However one correction is not always enough to retain 100% of health balance – its considered good to get correction between 70-80% after the first meeting.. The goal of the next sessions is to reinforce the treatment so the body will learn how to keep new “correction” 100%. . The effects of the therapy can be noticed already after the first session and many patients feel the immense difference in their state of health, especially among the children with dyslexia or/and dysgraphia. During my workshops I always demonstrate a case of correction on a child with dyslexia because it is a powerful evidence of great effects of this method. After the proper diagnosis and correction, a child who previously had difficulties with reading, suddenly is able to read few books a day at the same time discovering enormous pleasure from reading.

Can all disorders be cured? Are there any incurable?

All disorders can be corrected. There are no limitations. The only boundary line is in our mind – if one believes that it is impossible to do something – such person is unable to do it because

of his/her believe system that interpose limitation to any positive change or correction in all aspects of life and health.

I purposefully used the term “correction” as it is more relevant to the method I apply to my patients.

I only reach the point when I am able to define when the body experienced the possible disturbances. For example, energy imbalances, shock, pathogen infection, or other toxins, embracing false information as true and developing such deviation. When I reach that point, the body starts self-correction. Psychologists know that the body has internal curtain allowing to hide behind it all negative emotions or hurtful life events. Many people believe that if they can be deep concealed, they are not existing anymore. Regrettably, they are not only exist but also greatly influence our subconscious mind. The only way to get rid of them is to uncover, study, acknowledge and finally release them. This is exactly what I do during the correction. The use of corrective sounds solidify the entire process.

You are organizing the HiddenMind workshops/seminars. Can we learn this method?

Although the subject has great scope of knowledge, it can be acquired by anyone. The HiddenMind method has special protocols allowing to follow step by step by each beginner until memorizing them. The entire seminar takes 18 days and it is divided on three-day-workshop. I teach during first two weekends, then Tom Griffin from Ireland leads next workshops.

Of course, a person who complete the seminar will not instantly become a therapist. The use of proper tape with special sound frequencies is allowed on this level of knowledge. Those who want to use this method for themselves, family members or friends can complete the process of learning.

What about next weekends?

Next seminars are intended for those who want to become professional therapists and work with patients. They need to complete two more weekends of studying and carry out independently the therapy of several patients with individually tailored assessment and treatment plan.

This is next deeper level of acquiring the HiddenMind knowledge. They will study how to investigate the cranio-sacral fluid, malfunctions in information flow from the spine to the organs, how to measure negative hereditary memories transmitted directly to offspring from the environment in which we are living (sourced back several generations). At this level a special, professional tape can be used and a person can work on own cases. Moreover, this method allows to self-empower by unlocking own hidden creativity with feeling of immense freedom.

